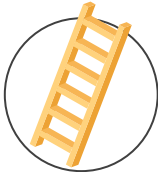




LADDER SAFETY

Toolbox Talk



LADDER SETUP

- Place on a stable, non-slip surface.
- Extend 3-4 feet or 3 rungs above a roof edge.
- Secure the top if the extension isn't possible.
- Keep the base positioned properly ($\frac{1}{4}$ of the ladder height from the wall).



LADDER USE GUIDELINES

- Only one person per ladder.
- Maintain three points of contact when climbing.
- Do not lean or overreach.
- Do not stand on the top two rungs.
- Never use ladders horizontally as work platforms.
- Aluminum not approved for electrical work

WHY LADDER SAFETY MATTERS

- Falls from Ladders are one of the leading causes of workplace injuries. Whether you're using a step ladder or an extension ladder, proper use is critical to stay safe.

COMMON HAZARDS

- Broken or missing ladder parts.
- Using ladders with insufficient weight ratings.
- Using metal ladders near electrical equipment.
- Using ladders as work platforms or standing under ladders.

LADDER INSPECTION

- Inspect ladders before each use for cleanliness, damage, and secure locking devices.
- Do not use broken ladders – tag them as “Do Not Use” and remove them.

LADDER SELECTION

- Choose a ladder with the appropriate duty rating (e.g., Light-Duty: 200 lbs, Heavy-Duty: 250 lbs).

LADDER STORAGE & MAINTENANCE

- Store ladders properly to prevent damage or warping.
- Do not modify or repair broken side rails.
- Keep ladders clean and properly adjusted.

REMEMBER: LADDER SAFETY IS EVERYONE'S RESPONSIBILITY. TAKE A MOMENT TO ASSES THE SITUATION BEFORE CLIMBING - YOUR SAFETY DEPENDS ON IT