3M 8210 Particulate Respirator N95 Use and Fitting Instructions

- 1. Do not use with beards or other facial hair or other conditions that prevent a good seal between the face and the sealing surface of the respirator.
- 2. Pre-stretch top and bottom straps before placing respirator on the face (Fig. 1).
- 3. Cup the respirator in your hand, with the nosepiece at your fingertips, allowing the headbands to hang freely below your hand (Fig. 2).
- 4. Position the respirator under your chin with the nosepiece up. Pull the top strap over your head resting it high at the top back of your head. Pull the bottom strap over your head and position it around the neck below the ears (Fig. 3).
- 5. Place your fingertips from both hands at the top of the metal nosepiece. Using two hands, mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece (Fig. 4).
- 6. Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.
- 7. Perform a User Seal Check prior to each wearing. To check the respirator-to-face seal, place both hands completely over the respirator and exhale sharply. Be careful not to disturb the position of the respirator. If air leaks around the nose, readjust the nosepiece as described in step 4. If air leaks at the respirator edges, work the straps back along the sides of your head (Fig. 5).











Moldex 2200 N95 Particulate Respirator Use and Fitting Instructions

- 1. Hold respirator in hand with molded nose contour (narrow end) at your fingertips, allowing head straps to fall below your hand (Fig. 1).
- 2. Place respirator under your chin with molded nose contour (narrow end) up. The nose cushion must be uncreased inside respirator. Raise the top strap to top back of your head. Pull shorter bottom strap over your head, below ears, to around the neck. Do not wear it with only one strap (Fig. 2).
- 3. Adjust respirator for comfortable fit (Fig. 3).
- 4. Each time you wear a respirator, perform a user seal check. Cover front of respirator by cupping both hands. INHALE SHARPLY. A negative pressure should be felt inside the respirator. If any leakage is detected at respirator edges, adjust straps by pulling back along the sides and/or reposition respirator. Repeat until sealed properly (Fig. 4).









Fig. 1 Fig. 2 Fig. 3 Fig. 4