



### Working at Heights – Fixed Ladders

When working within 6 feet of the unprotected edge of a flat or low-pitched roof (maximum 4:12 slope), or around unguarded skylights, then you must use fall restraint equipment. This equipment includes a full-body harness and a lifeline with an adjustable rope grab.

(Note: Roof edges protected with a guardrail (permanent or temporary) or a 42” or higher parapet do not require the use of fall restraint equipment.)

Prior to using any fall protection equipment, Southern CA IATSE employees are required to have passed the CSATF Safety Pass Course D – Fall Protection.

- Inspect all fall protection equipment prior to use.
- Select an anchorage point as close as possible to where you are working.
- This anchorage point should be rated at least four times your weight.\* (\*Prior to working on a roof with no anchorage points, contact Production Safety Representative.) Connect the lifeline to the anchorage point with a double-locking snap hook or self-locking carabiner.
- Attach the manual rope grab to the lifeline. Make sure that the arrow on the rope grab is pointing up toward the anchorage point.
- Position the rope grab on the lifeline so that its maximum extended length will prevent access to the roof edge. Attach the double-locking snap hook or self-locking carabiner from the rope grab to the “D” ring located on the back of your harness.
- You must be attached to the system prior to beginning work.

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